Welcome to MDLIVE[®]

Your anytime, anywhere doctor's office



We have teamed up with MDLIVE to provide you with telehealth access to doctors, 24/7. Scott and White Health Plan members can visit a doctor by phone or secure video for no cost.



Step 1:

- Log on to the self-service portal (MDLIVE.com/SWHP) and click on the "Virtual Care" option; or
- Download the MDLIVE mobile app (MDLIVE.com/mobileapp); or
- Call 800.718.5082.

Step 2: Register in about 15 minutes.

Step 3: See a doctor right away or schedule an appointment time that works for you.

Step 4: Start your virtual visit.



Care from **board**certified doctors. 24/7, including holidavs



Online visits are secure and easy by phone or video

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Prescriptions sent to your pharmacy when needed

Download the app. Join for free. Visit a doctor.

800.718.5082

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MDLIVE[®] Cont'd

Common Conditions Treated

General Health

- Allergies
- · Common cold/flu
- Constipation
- · Cough
- Diarrhea
- Ear problems
- Fever
- Headache
- Insect bites
- Nausea/vomiting
- Pink eye
- Sore throat

Behavioral Health

- Addictions
- Anxiety/stress
- Bipolar disorders
- Depression
- Eating disorders
- \cdot Grief and loss
- Life changes
- · Panic disorders
- · Parenting issues
- Postpartum depression
- Relationship and marriage issues
- Trauma and PTSD



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